



2018 USA SPIRIT CAMP

SONG/POM ELITE SCHEDULE - KNOTTS

DA ONE		DA TWO		THREE		FOUR		
	Commuter Participants: Camp begins at 8:00 am on Days 2-4 and ends at approx. 9:00 pm on Nights 1-3. Lunch not provided on Day 1. Please plan accordingly		BREAKFAST	7:00	BREAKFAST	7:00	BREAKFAST	
		:30	Warm-Ups/Camp Dance Material Review			:1	Captains Meeting 3	
		9:00	Coaches Meeting Game-Action Cheers 2 Team Routine #1 (Pom Sideline)		Warm-Ups/Camp Dance Material Review		Warm-Ups Camp Dance Showcase	
9:00			GameTime 101 Workshop Gatorade Break	9:00	Evaluation Prep for Day 4	9:00	Review Evaluation Prep	
				10:30	Routine A & B Review		Band Chant/Situational Cheer Evaluation Staff TeamMate Wrap Up	
				10:30	Routine A & B Evaluation	9:30		
1:30		Arrive at main mtg area Captains Meeting 1			11:1	Choose Your Challenge	10:30	Final Review
2:00		Opening Ceremonies	12:00	LUNCH	12:00	LUNCH	11:00	TeamMaker Workshop
2:30		Coaches Meeting 1 Motion Technique/ Band Chant			2:00	Coaches Certification Evaluation Prep	11:30	Dance Star Finals Spirit Spectacular Pin It Forward Awards & Closing
3:00		Dance Warm-Up Routine A1		Team Routine #2 (Funky Sideline)	3:00	Team Routine Evaluation		<i>Camp ends at approx. 12:00-12:30 pm depending on the size of the camp.</i>
4:00	Routine B1		Specialty Workshop *		00	Dance Star Semi-Finals Staff TeamMate Wrap Up		
:00	DINNER	:00	Material Review Staff TeamMate Wrap Up Pin It Forward Spirit Awards	:00	DINNER		* SPECIAL OR SHOP Please see head instructor for list of class options offered at your camp.	
:30	Showtime USA (Home Routine or Fight Song) Coaches Goal Setting Game-Action Cheers 1	:00	DINNER			Spirit Rally Super Hero Celebration		
	Unity Workshop Camp Dance Staff TeamMate Wrap Up		Specialty Workshop Review or Free Time (Practice space available from 7:30 pm - 9:00 pm)	7:30		Spirit Awards Dance Party		
9:00	All Camp Meeting			8:00	Free Time (Practice space available from 8:00 pm - 9:00 pm)			



ROLES OF A SPIRITLEADER

18S1 -B

AMBASSADOR	ATHLETE	CROWDLEADER	ENTERTAINER	SPIRIT RAISER
Captains Meeting Unity Workshop All-American TeamMaker Workshop Pin It Forward Team Up For St Jude	Warm-Ups Pom/Motion Tech Choose Your Challenge Review/Practice	Game-Action Cheers GameTime 101 Specialty Workshop Band Chant/Situational Cheer Evaluation	Showtime USA Eval Routine A Eval Team Routine Eval Specialty Workshop Camp Dance	Spirit Awards Spirit Rally Spirit Spectacular

