



# 2018 USA SPIRIT CAMP

## CHEER ELITE SCHEDULE

DAY ONE		DAY TWO		DAY THREE		DAY FOUR	
9:00	<b>Commuter Participants:</b> Camp begins at 8:00 am on Days 2-4 and ends at approx. 9:00 pm on Nights 1-3. <i>Lunch is not provided on Day 1. So please plan accordingly.</i>	7:00	BREAKFAST	7:00	BREAKFAST	7:00	BREAKFAST
				8:15	<b>Captains Meeting 2</b> (Team Up for St Jude)	8:00	<b>Captains Meeting 3</b>
		8:30	Warm-Ups/Camp Dance Material Review	8:30	Warm-Ups/Camp Dance Material Review	8:30	Warm-Up Camp Dance Showcase
		9:15	<b>Coaches Meeting 2</b> Jump Technique Cheer Workshop 2 (Game-Action Cheers)	9:00	<b>Coaches Meeting 3</b> Evaluation Prep for Day 4	9:00	Review Evaluation Prep
		10:00	GameTime 101 Workshop <b>Gatorade Break</b>	9:30	Stunt Workshop 4 (Pyramids)	9:30	Band Chant/Situational Cheer Evaluation Staff TeamMate Wrap Up
1:30	<i>Please arrive to the main meeting area</i> <b>Captains Meeting 1</b>	11:00	Stunt Workshop 2	11:00	Specialty Workshop 2*	10:30	Specialty/Core Material Review
2:00	<b>Opening Ceremonies</b>	12:00	LUNCH	12:00	LUNCH	10:45	Final Stunt Challenge
2:30	<b>Coaches Meeting 1</b> Motion Technique/ Band Chant	2:00	<b>Coaches Camp Assessment &amp; Stunt Workshop</b> Stunt Challenge (Round 1) Jump Challenge Material Review	2:00	<b>Coaches Certification</b> Stunt Challenge (Round 2) Tumble Challenge	11:00	TeamMaker Workshop
3:00	Jumps/USA Routine	3:00	Specialty Workshop 1*	2:45	Evaluation Prep	11:30	Spirit Star Finals Spirit Spectacular Pin It Forward Awards & Closing
4:00	Stunt Workshop 1	4:00	Stunt Workshop 3	3:30	USA Routine Evaluation	<i>Camp should end at approx. 12:30 pm depending upon the size of the camp.</i>	
5:00	DINNER	5:00	DINNER	4:15	Spirit Star Semi Finals Staff TeamMate Wrap Up		
6:30	Fight Song Evaluation <b>Coaches Goal Setting</b>	6:30	Cheer Workshop 3 (Game-Action Cheers) Evaluation Prep	5:00	DINNER	<b>*SPECIALTY WORKSHOP</b> Please see Head Instructor for list of classes offered at your camp	
8:00	Unity Workshop Camp Dance Staff TeamMate Wrap Up	8:00	Specialty Workshop Review Staff TeamMate Wrap Up Pin It Forward Spirit Awards	6:30	Spirit Rally <b>Super Hero Celebration</b>		
9:00	All Camp Meeting	9:00	Free Time	7:30	Spirit Awards/Dance Party Free Time (Practice space available from 8:00 to 9:00)		

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### ROLES OF A SPIRITLEADER

AMBASSADOR	ATHLETE	CROWDLEADER	ENTERTAINER	SPIRIT RAISER
Captains Meetings Unity Workshop All-American TeamMaker Workshop Pin It Forward Team Up For St Jude	Warm-Ups Motion Technique Jump Technique Stunts/Pyramids Review/Practice	Game-Action Cheers GameTime 101 Specialty Workshop Band Chant/Situational Cheer Evaluation	Fight Song Evaluation Specialty Workshop USA Routine Camp Dance Showcase	Spirit Awards Spirit Rally Spirit Spectacular

